# \$ What We Do

BHW is a nonpublic agency (NPA), certified by the California Department of Education to contract with school districts to provide ABA, speech, and occupational therapy services. We are also a vendor of the Regional Centers and offer behavioral intervention to consumers in the home and community settings. Insurance is accepted for speech and occupational therapy services.

# **Home Programs**

Each client works 1:1 with a behavioral therapist on prescribed goals derived from the intervention plan. Therapy is delivered in discrete trial training (DTT) and pivotal response training (PRT) with the focus of generalizing skills across settings. Each session varies on the needs of the child but usually incorporates language acquisition, play skills, self-help skills, behavioral modification, and social skills training.

# **School Programs**

BHW's positive behavior support program includes 1:1 behavior intervention in various school environments for a broad range of challenging behaviors such as aggression, elopement, self-injury, and tantrums. Our primary objectives are to improve academic performance; replace challenging behaviors by teaching appropriate behaviors; and increase communication, social, and coping skills. BHW believes that students have more to gain when all relevant providers, including the school team, work in harmony.

Consultation is offered to families and schools to include functional analysis assessments, develop positive behavior support plans, consult on individual cases, participate at IEP meetings, provide teacher support in behavior management, and provide staff trainings.

### **Speech & Occupational Therapy**

Speech and occupational therapy services are available to include assessments and individual therapy. Services are delivered in the client's home or at our clinic. Insurance is accepted. Please contact us to learn more.

#### > GROUP PROGRAMS

# **Social Skills Group**

One of the most compromised areas of deficit that children with autism and asperger's syndrome face is social skills. BHW has developed a social skills program with specific goals for members with similar needs where the target behaviors are relevant to each member of the group. Groups are formed based on age and needs and have low adult-to-client ratios. Topics such as perspective taking; controlling emotional expression; negotiating conflicts; experiencing intimacy; and initiating, sustaining and terminating appropriate interactions are targeted in our social skill groups. Group facilitation involves stimulating social motivation, managing interfering behaviors, reinforcing social initiation and social responding, and creating opportunities for skill generalization.

## **Trainings & Workshops**

Parent counseling and training services are designed to teach caregivers behavioral strategies resulting in the child becoming more responsive to learning opportunities in the natural environment, decreasing the need of service providers in the long term, and decreasing the number of services from which the child is being removed in the natural environment.

## **Global Outreach Programs**

Behavior Train, "changing the world one behavior at a time"

Behavior Train is BHW's volunteer program designed to identify and support individuals with disabilities who are overlooked and neglected in areas of the world where behavioral health services are not easily accessible, understood, or accepted. People with such disabilities are frequently exposed to human rights violations or secluded from the public, and lack appropriate health and educational services. Therefore, BHW is dedicated to improving the quality of life and opportunities of such individuals by bringing awareness and providing resources such as conducting ABA trainings, donating financially, and supplying goods to those countries in need. Specifically, ABA trainings and ongoing supports are generally delivered to parents, educators, physicians, and other care providers of individuals with disabilities.

